

## WHAT CAN I DO WITH MY MAJOR IN

# Psychology

## Overview of the major

Tyndale's Psychology program will give you a solid foundation in core areas, including behavioural, cognitive, personality, abnormal and social psychology. Faculty will support you in tailoring your studies to your interests and career goals. You can develop the skills needed to do research in the various sub-disciplines of psychology, and you can learn about the prediction and treatment of mental illness, abusive behaviour or addiction.

At Tyndale we offer one of the few undergraduate programs in Canada that give you not only research opportunities, but practicum experiences as well. Examples include working with special needs students or with youth at mental health centres. You will have the option to conduct your own research as an honours student and the opportunity to present your work to both peer and expert audiences.

## Careers in the field

This is not a complete list, but a broad overview of job titles to consider:

- Applied Behaviour Analyst
- Autism Therapist
- Behavioural Therapist
- Career Counsellor
- Child Care Worker
- Child Development Specialist
- Client Care Counsellor
- Counsellor
- Criminologist
- Crisis and Addiction Counsellor
- Crisis Intervention Worker
- Drop-In Community Worker
- Gerontology Aide
- Group-Home Counsellor
- Human Factors Practitioner
- Human Resources Coordinator
- Intake Counsellor
- Intensive Behavior Intervention Therapist
- Job Search Advisor
- Labour Relations Specialist
- Market Research Consultant
- Mental Health Worker
- Outreach Worker
- Psychologist
- Rehabilitation Specialist
- School Violence Prevention
- Social Services Worker
- Special Needs Companion
- Therapist
- Training Coordinator

## Skills Developed as a Psychology major

- Perspective to better understand the experiences of individuals and groups
- Understanding of the biopsychosocial influences on human behaviour
- Research methodology skills, including research report writing, and research design
- Quantitative reasoning skills applied to hypothesis testing
- Critical thinking and analytical skills applied to psychology
- Familiarity with the common mental health diagnoses and treatments

## Graduate Degree Options

Here are some degrees to consider after you graduate as a Psychology major. This is not an exhaustive list but merely represents Graduate degrees related to the Psychology field. Some Doctoral programs will have direct entry from Undergraduate degrees as well.

PhD (Doctor of Philosophy) Psychology  
DPsy (Doctor of Psychology)  
MA (Master of Arts) Clinical Counselling  
MA Criminal Justice  
MA Health Services  
MA Psychology  
MA Social Work  
MDiv (Master of Divinity) Clinical Counselling  
MDiv Pastoral Counselling  
MSci (Master of Science) Psychology  
MSci Addictions Counselling

## Professional Associations and Organizations

**American Psychological Association Online Student:** <http://www.apa.org/about/students.aspx>

**Canadian Centre on Substance Abuse:** <https://www.ccsa.ca/>

**Canadian Counselling and Psychotherapy Association:** <http://www.ccpa-accp.ca/>

**Canadian Mental Health Association:** <https://cmha.ca/>

**Canadian Psychological Association:** <http://www.cpa.ca>

**College of Registered Psychotherapists of Ontario:** <https://www.crho.ca/>

**The International Honour Society in Psychology:** <https://www.psichi.org/>

**L'Ordre des psychoéducateurs et psychoéducatrices du Québec:** <http://ordrepesd.qc.ca/>

**L'Ordre des psychologues du Québec:** <http://www.ordrepsy.qc.ca>

**L'Ordre des travailleurs sociaux et des thérapeutes conjugaux et familiaux du Québec:**  
<http://www.optsq.org/>

**Ontario Association of Child and Youth Counsellors:** <https://www.oacyc.org/>

**Ontario Association of Mental Health Professionals:** <https://oamhp.ca/>

**Ontario Psychological Association:** <http://www.psych.on.ca/>

**Psych Web Resources:** <http://www.psywww.com/>

**Psychology Graduate Applicant's Portal:** <https://psychologycas.cas.myliaison.com/applicant/login>