

“The mission of Tyndale Seminary is to provide Christ-centred graduate theological education for leaders in the church and society whose lives are marked by intellectual maturity, spiritual vigour and moral integrity, and whose witness will faithfully engage culture with the Gospel.”

Course	FINDING YOUR WAY: PRINCIPLES OF SPIRITUAL DIRECTION SPIR 0601 1P / 1S
Date and Time	APRIL 21-26 SUNDAY TO FRIDAY OFF-SITE IN-PERSON WITH LIMITED SYNCHRONOUS ONLINE OPTION
Instructor	DAVID SHERBINO, DMin, CSDS, CTPS, FT. Telephone/voice mail: (416) 226-6620 Ext. 6741 Mobile: (519) 865-2784 Email: dsherb@tyndale.ca
Class Information	The course is being offered in person as a retreat module at Queen of Apostles Renewal Centre (1617 Blythe Rd, Mississauga ON L5H 2C3). Students who choose to take this course as synchronous online will need to adhere to the course schedule and log-in to the course at the same time as in-person students. Office Hours: By appointment
Course Material	Access course material at classes.tyndale.ca or other services at Tyndale One . Course emails will be sent to your @MyTyndale.ca e-mail account only.

I. COURSE DESCRIPTION

Designed to give insight into the ministry of spiritual direction. An experience in learning through an informational as well as formational process. There are readings, lectures, periods of reflection, daily community worship, journaling, and student interaction through a small-group process.

Prerequisites: SPIR 0700 or permission of the professor.

This course will be held off-site at [Queen of Apostles Renewal Centre](#) in Mississauga, ON; delivered in-person with synchronous online option. There are certain limitations to the online option. You will not be able to participate fully in the life of the community such as daily worship and group building exercises etc. The additional cost for this retreat option is \$635.00, which includes accommodation (private room plus a private bathroom and shower), meals, coffee breaks and all the other facilities such as classrooms, chapel, and hiking paths. Students will pay Queen of Apostles directly when they arrive. They take different types of payments (e.g. credit cards, e-transfers, etc.). Please contact Dr. Sherbino for further enquiries.

II. LEARNING OUTCOMES

At the end of the course, students will be able to:

1. Recognize the process of spiritual formation.
2. Discern and identify the movement of God in a person's life.
3. Gain and restate a biblical and theological foundation for spiritual direction.
4. Evaluate religious experiences.
5. Foster and practice contemplative attitude.
6. Construct a healthy relationship between the director and the directee.
7. Describe and affirm a code of ethics in spiritual direction.

III. COURSE REQUIREMENTS

A. REQUIRED READING

Chan, Simon. [Spiritual theology: A Systematic Study of the Christian life](#). Downers Grove, IL: IVPpress, 1998/2013. Pp.300 [ISBN # 0830815422]

Dirks, Morris. *Forming the Leaders Soul: An Invitation to Spiritual Direction*. SoulFormation, 2013. Pp. 210. [ISBN# 13: 978-06615867090]

Mullholland, Robert M. [Invitation to a Journey](#). Downers Grove, IL: IVPpress, 2016. Pp. 218. [ISBN# 0-8308-9373-3]

Thompson, Curt. [Anatomy of the Soul](#). Carrollton, TX: Salt River, 2010. Pp.282. [ISBN#978-1-4143-3414-1]

B. SUPPLEMENTARY / RECOMMENDED READING AND TOOLS

Tyndale recommends www.stepbible.org – a free and reputable online resource developed by Tyndale House (Cambridge, England) – for word searches of original-language texts, as well as for topical searches, interlinear texts, dictionaries, etc. Refer to the library for other [online resources for Biblical Studies](#).

C. INTERACTIVE LIVESTREAM AND/OR BLENDED COURSE REQUIREMENTS

- Livestream attendance for the entire duration of the class at announced times
 - Headphones (preferred), built-in microphone, and web-camera
 - Well-lit and quiet room
 - Stable high-speed internet connection, preferably using an Ethernet cable over Wi-Fi
 - Full name displayed on Zoom and Microsoft Teams for attendance purposes*
 - A commitment to having the camera on to foster community building*
- *exceptions with permission from professor

D. GUIDELINES FOR INTERACTIONS

Tyndale University prides itself in being a trans-denominational community. We anticipate our students to have varied viewpoints which will enrich the discussions in our learning community. Therefore, we ask our students to be charitable and respectful in their interactions with each other, and to remain focused on the topic of discussion, out of respect to others who have committed to being a part of this learning community. Please refer to “Guidelines for Interactions” on your course resource page at classes.tyndale.ca.

E. ASSIGNMENTS AND GRADING

1. Critical Book reviews: 40% of final grade.

From the required reading list submit a two-page critique for each of the four books. Each critique should focus on ONE issue raised in the book and should reflect thoughtful interaction with the issue raised in the text.

Due Date: June 08, 2024.

This meets learning outcomes 1, 2, 3 and 5.

2. Journal Exercise: 20% of final grade.

You will be required to journal each day. At the end of the course, you are required to write a 3-5 page reflection paper that captures the essence of your learning and the integration from the daily group experience in Lectio Divina.

Due Date: May 17, 2024

This meets learning outcomes 2,3 and 5.

3. Research Paper: 40% of final grade.

Write a 10-15 page research paper on the topic, “A Model of Spiritual Direction.” You are expected to do research on one author to discover their unique approach to spiritual direction and how you would integrate some of their concepts of spiritual direction into your own practice. This paper is expected to follow all the requirements for a research paper as set forth in the student handbook. A minimum of eight resources is expected.

Due Date: June 28 2024

This meets learning outcomes 1,2,3,4.6, and 7.

F. EQUITY OF ACCESS

Students with permanent or temporary disabilities who need academic accommodations must [contact](#) the [Accessibility Services](#) at the [Centre for Academic Excellence](#) to [register](#) and discuss their specific needs. *New students* must self-identify and register with the Accessibility Office at the beginning of the semester or as early as possible to access appropriate services. *Current students* must renew their plans as early as possible to have active accommodations in place.

G. SUMMARY OF ASSIGNMENTS AND GRADING

Evaluation is based upon the completion of the following assignments:

Critical Book Review	40 %
Journal Exercise	20 %
Research Essay	40 %
Total Grade	100 %

H. GENERAL GUIDELINES FOR THE SUBMISSION OF WRITTEN WORK

For proper citation style, consult the [tip sheet, “Documenting Chicago Style”](#) (Tyndale e-resource) or the full edition of the [Chicago Manual of Style Online](#), especially ch. 14. For citing scripture texts, refer to sections 10.44 to 10.48 and 14.238 to 14.241 from the *Chicago Manual of Style* or reference the [tip sheet, “How to Cite Sources in Theology”](#).

Academic Integrity

Integrity in academic work is required of all our students. Academic dishonesty is any breach of this integrity, and includes such practices as cheating (the use of unauthorized material on tests and examinations), submitting the same work for different classes without permission of the instructors; using false information (including false references to secondary sources) in an assignment; improper or unacknowledged collaboration with other students, and plagiarism. Tyndale University takes seriously its responsibility to uphold academic integrity, and to penalize academic dishonesty.

Students are encouraged to consult [Writing Services](#). Citation and other [tip sheets](#).

Students should also consult the current [Academic Calendar](#) for academic policies on Academic Honesty, Gender Inclusive Language in Written Assignments, Late Papers and Extensions, Return of Assignments, and Grading System.

Research Ethics

All course-based assignments involving human participants requires ethical review and may require approval by the [Tyndale Research Ethics Board \(REB\)](#). Check with the Seminary Dean's Office (aa@tyndale.ca) before proceeding.

I. COURSE EVALUATION

Tyndale Seminary values quality in the courses it offers its students. End-of-course evaluations provide valuable student feedback and are one of the ways that Tyndale Seminary works towards maintaining and improving the quality of courses and the student's learning experience. Student involvement in this process is critical to enhance the general quality of teaching and learning.

Before the end of the course, students will receive a MyTyndale email with a link to the online course evaluation. The link can also be found in the left column on the course page. The evaluation period is 2 weeks; after the evaluation period has ended, it cannot be reopened.

Course Evaluation results will not be disclosed to the instructor before final grades in the course have been submitted and processed. Student names will be kept confidential and the instructor will only see the aggregated results of the class.

IV. COURSE SCHEDULE, CONTENT AND REQUIRED READINGS

This schedule is now updated to reflect the class being delivered at Queen of Apostles Renewal Centre in Mississauga, Ontario. If you are taking this class as a synchronous online student, please make sure you are logging in to Zoom during the class times listed below.

Please note that morning prayer, breakfast, lunch, Lectio Divina, free time, and supper are activities that happen daily from Monday, April 22 to Thursday, April 25. On Friday, April 26, we will have morning prayer, breakfast and lunch. The course ends after lunch (1pm).

Sunday Apr 21

5 pm Arrive and register at Queen of Apostles (please arrive no later than 5pm)
5:30 pm Dinner
7-8:30 pm Introduction to the Course

Monday Apr 22

7:30 am Morning Prayer (Daily)
8 am Breakfast (Daily)
9 am-12 pm Christian Spirituality
12-1 pm Lunch (Daily)
1:30-2:30 pm Lectio Divina (Daily)
3-4:30 pm The Prayer of Examen in Spiritual Direction
4:30-5:30 pm Free Time (Daily)
5:30-7 pm Supper (Daily)
7-8:30 pm Spiritual Direction with Children and Youth

Tuesday Apr 23

9 am-12 pm Listening in Spiritual Direction
3-4:30 pm Meditation on Scripture
7-8:30 pm True Self False Self

Wednesday Apr 24

9 am-12 pm Transformational Prayer (Part 1)
3-4:30pm Transformational Prayer (Part 2)
Free Evening

Thursday Apr 25

9 am-12 pm Gospel Contemplation and The Prayer of Consideration
3-4:30 pm Discernment in Spiritual Direction
7-8:30 pm Being a Spiritual Director (Q and A)

Friday Apr 26

9-10:30 am Transference and Counter Transference in Spiritual Direction
10:30 am-12 pm Ethics in Spiritual Direction

V. SELECTED BIBLIOGRAPHY

[Tyndale Library](#) supports this course with [e-journals, e-books](#), and the [mail delivery of books](#) and circulating materials. See the [Library FAQ page](#).

An additional bibliography will be included on your course resource page at classes.tyndale.ca.